

OUR PANTRY'S RUNNING OUT OF:



TOILETRIES & PERSONAL CARE

- Diapers - sizes 5 & 6
- Maxi and regular feminine hygiene pads (not tampons)
- Adult incontinence products (e.g. maximum absorbency pads for women, unisex disposable pull-up underwear, no velcro on the sides)
- All men's and women's hygiene products (e.g. body wash, shampoo)
- Cleaning supplies (e.g. dish soap)
- Toilet paper

FOOD ITEMS

- Flour / rice
- Sugar
- Juice boxes
- Cereal / instant oatmeal
- Vegetable oil
- Condiments

DON'T FORGET

Donations MUST BE PHYSICALLY GIVEN to a CS volunteer at our back door!

Donation days & hours: Mondays, Wednesdays & Fridays from 9:30 to 11:30 a.m.

NEVER LEAVE YOUR DONATIONS OUTSIDE THESE DAYS & HOURS!